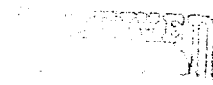




June 1, 1998

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, DC 20204

NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT

This Notification is filed pursuant to § 403 (r) (6) of the Federal Food Drug and Cosmetic Act (FDC Act), 21 U.S.C. § 343 (r) (6).

Name of dietary supplement: Whole Foods OptiMood™ GHP

Statement[s] of
nutritional support: Positive and Healthy Mood Formula

St. John's Wort ... positive effect on neurotransmitters ... kava
kava ... can help promote feelings of serenity and peace while
keeping the mind sharp and clear. Ginkgo biloba and B vitamins
... to positively affect mental function. OptiMood with St. John's
Wort can help you maintain a normal, healthy mood ...

I certify that the information contained in this notice is complete and accurate, and that we have
substantiation that the statement[s] is [are] truthful and not misleading.

A handwritten signature in black ink, appearing to read "Tod Kimbell".

Tod Kimbell, Ph.D.
Senior Research Director
AMRION, INC.

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